

The Letter of Paul to the EPHESIANS

Chapter I

The Blessings of Redemption

1 Paul, an apostle of Christ Jesus by the **will of God**,

To the saints who are at Ephesus and who are faithful in Christ Jesus:

2 Grace to you and peace from God our Father and the Lord Jesus Christ.

3 Blessed be the God and Father of our Lord Jesus Christ, who has **blessed us with every spiritual blessing in the heavenly places in Christ**

4 just as **He chose us in Him before the foundation of the world, that we would be holy and blameless before Him. In love**

5 **He predestined us to adoption as sons through Jesus Christ to Himself, according to the kind intention of His will**

6 to the praise of the glory of His grace, which He freely bestowed on us **in the Beloved**

7 **In Him we have redemption through His blood, the forgiveness of our trespasses,**

8 according to the riches of His grace which He lavished on us. In all wisdom and insight

9 **He made known to us the mystery of His will, according to His kind intention which He**

10 **purposed in Him with a view to an administration suitable to the fullness of the times**

11 **that is, the summing up of all things in Christ** things in the heavens and things on the earth. **In Him**

12 also we have **obtained an inheritance** having been predestined according to His purpose who

13 **works all things after the counsel of His will** to the end that we who were **the first to hope in Christ** would be to the praise of His glory.

14 **In Him** you also, after listening to the message of truth the gospel of your salvation—having

15 also **believed**, you were sealed **in Him** with the Holy Spirit of **promise**. Gal 3:14, Jn 6:27, 2Cor 1:22, Eph 4:30

16 who is given as a pledge of our **inheritance** with a view to the **redemption** of God's own

17 **possession** to the praise of His glory. 1Cor 15:50-57

18 For this reason I too, having heard of the **faith in the Lord Jesus** which exists among you and your love for all the saints,

19 do not cease giving thanks for you, while making mention of you in my prayers;

20 that the God of our Lord Jesus Christ, the Father of glory, may give to you a spirit of **wisdom and of revelation in the knowledge of Him**

21 **I pray that the eyes of your heart may be enlightened, so that you will know what is the**

22 **hope of His calling** what are the riches of the glory of His **inheritance** in the saints,

23 and what is the surpassing greatness of His power **toward us who believe**. These are in accordance with the working of the strength of His might

24 which He brought about **in Christ** when He raised Him from the dead and seated Him at His right hand in the heavenly places, Heb 1:3, 8:1, Ps 110:1

25 far above all rule and authority and power and dominion, and every name that is named, not only in this age but also in the one to come.

26 And He put all things in subjection under His feet, and gave Him as head over all things to the church,

27 which is His body, the fullness of Him who fills all in all. Eph 3:19, Col 2:9

Chapter 2

Made Alive in Christ

1 And you were dead in your trespasses and sins, in which you formerly walked according to the course of this world, according to the prince of the power of the air, of the spirit that is now working in the sons of disobedience.

2 Among them we too all formerly lived in the lusts of our flesh, indulging the desires of the flesh and of the mind, and were by nature children of wrath, even as the rest.

3 But God, being rich in mercy, because of His great love with which He loved us,

4 even when we were dead in our transgressions, **made us alive together with Christ** (by grace you have been saved), **this is the definition of grace—to be made alive with Him**

5 and **raised us up with Him** and **seated us with Him** in the heavenly places **in Christ Jesus**

6 so that in the ages to come He might show the surpassing riches of His grace in kindness toward us in Christ Jesus.

7 For by grace you have been **saved through faith** and that not of yourselves, **it is the gift of God;**

8 not as a result of works, so that no one may boast.

9 For we are **His workmanship** created **in Christ** Jesus for **good works** which **God prepared beforehand** so that we would **walk in them**.

10 Therefore remember that formerly you, the Gentiles in the flesh, who are called "Uncircumcision" by the so-called "Circumcision," which is performed in the flesh by human hands—

11 remember that you were at that time separate from Christ, excluded from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world.

12 But now **in Christ Jesus** you who formerly were far off have been **brought near** by the blood of Christ.

13 For **He Himself is our peace** who made both groups into one and broke down the barrier of the dividing wall,

14

15

16

17

18

19

20

21

22

23

24

The body of Christ is the completion of God's will

walk- 2Cor 10:3, Gal 5:16

Adoption- the redemption of our body is the final state of completion of our salvation, Rom 8:15, 23, 9:4

The true knowledge of Christ

the promise of the adoption as sons and living with the Father forever

Rom 4:16 Gal 3:18, 29 Rom 10:9-10 Eph 1:11 Rom 8:28

1Cor 15:23 firstfruits of Christ, Jn 20:29

Is 14:1, 65:1

the original sin corrupted man's nature, even as soon as the womb, so that there is none righteous and all have sinned and fallen short, Rom 3:10, 23. Everyone is born into sin and it is only the blood of Jesus that can redeem us from that sin, Rom 5:6-21

faith in the promise

without God, you are separate from Christ and the promise

Is 54:7

Is 54:2

Col 1:21, 2:9, 13-14, 15
Rom 8:3, Jn 11:52,
Gal 6:15

Col 1:20, Rom 7:4, 16
5:10, 2Cor 5:17-19

Eph 3:12, 2:5-6, 17
by Grace- Rom 5:2,
Heb 10:19-20, 4:16,
1Pet 3:18

Cornerstone-
Ps 118:22, Is 28:16,
Acts 4:11, 1Cor
3:9-11

His workmanship
Eph 2:10, 4:12, Heb
11:10, 13:14, 1Pet
2:4-8, Col 2:7, Rev
21:2-3, 9-14

His purpose is to build
us up together into the
body of Christ. To be
a part of Jesus and
One with the Father.
It is our duty to be
fellow workers with
Him, 1Cor 3:8-15,
Heb 3:6, 2Tim 2:15,
Eph 1:9-12, Rom 8:28

the mystery has now
been made known to us
thru His Spirit
1Cor 2:6-10

the body of Christ
reveals the glory of
the Father, just as
Jesus is the express
image of the Father

because the mystery
has been made known
unto us by revelation
to me

by abolishing in His flesh the enmity, which is
the Law of commandments contained in
ordinances, so that in Himself He might make
the two into one new man, thus establishing
peace, Ps 72:7, Is 9:6, Mic 5:5, Zech 9:10
and might reconcile them both in one body to
God through the cross, by it having put to
death the enmity.

AND HE CAME AND PREACHED PEACE TO YOU
WHO WERE FAR AWAY, AND PEACE TO THOSE
WHO WERE NEAR; Is 57:19

for through Him we both have our access in
one Spirit to the Father.

So then you are no longer strangers and aliens,
but you are fellow citizens with the saints, and
are of God's household, aliens to the world- 1Pet 1:1, 2:11, Lev
25:23, Jn 17:16

having been built on the foundation of the
apostles and prophets, Christ Jesus Himself
being the cornerstone,

in whom the whole building being fitted
together, is growing into a holy temple in the
Lord,

in whom you also are being built together into a
dwelling of God in the Spirit.

Chapter 3

Paul's Stewardship

For this reason I, Paul, the prisoner of Christ
Jesus for the sake of you Gentiles—

if indeed you have heard of the stewardship of
God's grace which was given to me for you;

that by revelation there was made known to me
the mystery, as I wrote before in brief.

By referring to this, when you read you can
understand my insight into the mystery of
Christ, Col 1:28, 9-10, 25-26, 2:2, 3:10, 16, Eph 1:8-9, 17-19

which in other generations was not made
known to the sons of men, as it has now been
revealed to His holy apostles and prophets in
the Spirit;

to be specific, that the Gentiles are fellow heirs
and fellow members of the body, and fellow
partakers of the promise in Christ Jesus
through the gospel,

of which I was made a minister, according to
the gift of God's grace which was given to me
according to the working of His power. Eph 1:19, 3:20,

To me, the very least of all saints, this grace
was given, to preach to the Gentiles the
unfathomable riches of Christ,

and to bring to light what is the administration
of the mystery which for ages has been hidden
in God who created all things;

so that the manifold wisdom of God might now
be made known through the church to the
rulers and the authorities in the heavenly places.

This was in accordance with the eternal purpose
which He carried out in Christ Jesus our Lord,

in whom we have boldness and confident
access through faith in Him.

Therefore I ask you not to lose heart at my
tribulations on your behalf, for they are your
glory.

God revealed
the mystery
of the body
of Christ to
fulfill His
plan

because all these great
and wonderful things
have been given to
you...

behave in a
manner that
shows the worth
of Jesus-
Col 1:10,
Phi 1:27, 1Thes
2:12, Rom 12:1,
Eph 2:10

Ps 68:18, 16:10,
Rom 10:6-7,
Matt 12:40

Jesus ascended
as our High
Priest, Heb 2:17,
4:14, 8:1,
9:11-12

Jer 3:15, Rom
12:1-21, 1Cor
12:5-6, 10, 28

the body of
Christ is not
complete until:
- we attain the
unity of faith

- knowledge of
Jesus

- mature man of
full stature

Col 1:28, 2:2, 3:10
Sanctify your soul to
wisdom, true knowledge
and understanding, Jn
6:69, Eph 1:17, Phil
3:10, Col 1:9-10, 1Tim
2:25, Phil 1:9

14 For this reason I bow my knees before the
Father,
15 from whom every family in heaven and on
earth derives its name,

16 that He would grant you, according to the
riches of His glory, to be strengthened with
power through His Spirit in the inner man,
17 so that Christ may dwell in your hearts
through faith; and that you, being rooted and
grounded in love,

18 may be able to comprehend with all the saints
what is the breadth and length and height and
depth,

19 and to know the love of Christ which surpasses
knowledge, that you may be filled up to all the
fullness of God, the body is the fullness of Him, Eph 1:23

20 Now to Him who is able to do far more
abundantly beyond all that we ask or think,
according to the power that works within us,
21 to Him be the glory in the church and in Christ
Jesus to all generations forever and ever. Amen.

the same power
that raised Jesus
from the dead,
Rom 8:11

Chapter 4

Unity of the Spirit

1 Therefore I, the prisoner of the Lord, implore
you to walk in a manner worthy of the calling
with which you have been called,

2 with all humility and gentleness, with patience,
showing tolerance for one another in love,
3 being diligent to preserve the unity of the Spirit
in the bond of peace. Col 3:12, 1:11, 1Thes 1:3

4 There is one body and one Spirit, just as also
you were called in one hope of your calling;
5 one Lord, one faith, one baptism,
6 one God and Father of all who is over all and
through all and in all.

7 But to each one of us grace was given according
to the measure of Christ's gift. you can't get any bigger than this, Lk
6:38- Ten minas parable Lk 19:12-27

8 Therefore it says,
"WHEN HE ASCENDED ON HIGH,
HE LED CAPTIVE A HOST OF CAPTIVES, captured those that
were captured"

(Now this expression, "He ascended," what does
it mean except that He also had descended into
the lower parts of the earth?

He who descended is Himself also He who
ascended far above all the heavens, so that He
might fill all things.) Jesus was made perfect and became the source for
salvation, Heb 5:9-10

And He gave some as apostles, and some as
prophets, and some as evangelists, and some as
pastors and teachers,

for the equipping of the saints for the work of
service, to the building up of the body of
Christ. We are the Holy Temple of God, Eph 2:19-22, 1Pet 2:5

until we all attain to the unity of the faith, and
of the knowledge of the Son of God, to a
mature man to the measure of the stature
which belongs to the fullness of Christ. Eph 3:19

As a result we are no longer to be children,
tossed here and there by waves and carried
about by every wind of doctrine, by the trickery
of men, by craftiness in deceitful scheming;

Slave to sin and their own appetites- Is 57:20, Rom 16:18,
2Cor 4:2, 11:3, Jm 1:6, 2Pet 3:17, Jude 12, Gal 1:13-14,
4:3, 9, 5:4, 19-21, 26, 6:12-13, Col 2:4

Jn 17:21
a complete man
who only does
what he sees the
Father do, Jn 5:19
our thinking must
be mature, 1Cor
14:20, Heb 5:14

15 but speaking **the truth in love**, we are to **grow up in all aspects into Him** who is the head, even Christ,

The Father is the husbandman, In 15:1-2, and the master builder, 1Cor 3:6-9. He puts all the pieces together

16 from whom the whole body, **being fitted and held together by what every joint supplies, according to the proper working of each individual part, causes the growth of the body for the building up of itself in love.** v.32

causing us to grow in Him. We are His fellow workers and His building, working together for good to those who love God, Rom 8:28, Eph 2:10, 19-22

The Christian's Walk

17 So this I say, and affirm together with the Lord, that you walk no longer just as the Gentiles also walk, in the futility of their mind, being darkened in their understanding, excluded from the life of God **because of the ignorance that is in them**, because of the hardness of their heart; *cold, unregenerate soul*

18 and they, having become callous, have **given themselves over** to sensuality for the practice of every kind of impurity with greediness.

the old self was and still is being corrupted by sin

19 But you did not **learn Christ** in this way, if indeed you have **heard Him** and have been **taught in Him**, just as **truth is in Jesus** that, in reference to your former manner of life, you **lay aside the old self**, which is being corrupted in accordance with the lusts of deceit, and that you **be renewed in the spirit of your mind**, *the soul. Our spirit has already been born again and renewed*

20 and **put on the new self**, which in the likeness of God has been **created in righteousness and holiness of the truth**.

21 Therefore, **laying aside falsehood**, SPEAK TRUTH EACH ONE of you WITH HIS NEIGHBOR, for we are members of one another.

22 BE ANGRY, AND yet DO NOT SIN; do not let the sun go down on your anger, and **do not give the devil an opportunity**. He who steals must steal no longer; but rather he must labor, **performing with his own hands what is good**, so that he will have *something* to share with one who has need.

23 Let no unwholesome word proceed from your mouth, but only such a word as is good for **edification** according to the need of the moment, so that it will give grace to those who hear.

24 Do not grieve the Holy Spirit of God, by whom you were sealed for the **day of redemption**.

25 Let all bitterness and wrath and anger and clamor and slander be **put away from you** along with all malice.

the Father cannot forgive us unless it is thru Christ.

Jesus is the mediator of the new covenant. We cannot have dealings with the Father unless it is thru Jesus, and in the same way, the Father cannot fellowship and give us forgiveness unless it is thru Christ.

26 Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you. Phil 2:3-8, Col 3:13

Chapter 5

Be Imitators of God

1 Therefore be imitators of God, as beloved children;

2 and **walk in love**, just as Christ also loved you and **gave Himself up** for us, an offering and a sacrifice to God as a fragrant aroma.

We can be a living sacrifice to the Father, Rom 12:1

3 But immorality or any impurity or greed must not even be named among you, as is proper among saints;

4 and *there must be no filthiness and silly talk, or coarse jesting, which are not fitting, but rather giving of thanks.* Col 1:11-12

1Cor 6:9-11

5 For this you know with certainty, that no immoral or impure person or covetous man, who is an idolater, has an **inheritance** in the kingdom of Christ and God.

6 Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience.

7 Therefore do not be partakers with them;

8 for you were formerly darkness, but now you are Light in the Lord; **walk as children of Light**

Rom 6:22

9 (for the fruit of the Light *consists in all goodness and righteousness and truth*),

learning to become what is pleasing to the Lord

10 **trying to learn** what is pleasing to the Lord.

11 Do not participate in the unfruitful deeds of darkness, but instead even expose them; for it is disgraceful even to speak of the things which are done by them in secret.

12 But **all things become visible when they are exposed by the light**, for everything that becomes visible is light.

13 For this reason it says,

"Awake, sleeper,

And arise from the dead,

And Christ will shine on you."

14 Therefore be careful how you walk, not as unwise men but **as wise**

15 **making the most of your time** because the days are evil.

16 So then do not be foolish, but **understand what the will of the Lord is**.

17 And do not get drunk with wine, for that is dissipation, but **be filled with the Spirit**,

18 speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord;

19 always giving thanks for all things in the name of our Lord Jesus Christ to God, even the Father;

20 and **be subject to one another** in the fear of Christ. *in love, regarding others as more important than yourself, Phil 2:3*

Marriage Like Christ and the Church

21 Wives, **be subject to your own husbands**, as to the Lord.

22 For the husband is the head of the wife, as Christ also is the head of the church, He Himself being the Savior of the body.

1Cor 11:3, Eph 1:22, Col 1:18, 3:18

23 But as the church is subject to Christ, so also the wives *ought to be* to their husbands in everything.

24 Husbands, love your wives, just as Christ also loved the church and **gave Himself up** for her,

Tit 2:14, 3:5, Eph 1:7, Col 1:20, Jn 15:3, 1Pet 1:18-19, 1Jn 1:7

25 **so that He might sanctify her**, having cleansed her by the washing of water with the word, that He might present to Himself the church in all her glory, having no spot or wrinkle or any such thing; but that **she would be holy and blameless.** Eph 1:4, Col 1:22, Phil 1:10-11, Rom 6:22

26 So husbands ought also to love their own wives as their own bodies. He who loves his own wife loves himself;

29 for no one ever hated his own flesh, but
nourishes and cherishes it, just as Christ also
does the church, *Jn 15:3-5*
30 because we are members of His body.
31 FOR THIS REASON A MAN SHALL LEAVE HIS
FATHER AND MOTHER AND SHALL BE JOINED TO
HIS WIFE, AND THE TWO SHALL BECOME ONE
FLESH.
32 This mystery is great; but I am speaking with
reference to Christ and the church
33 Nevertheless, each individual among you also
is to love his own wife even as himself, and the
wife must see to it that she respects her
husband.

Chapter 6

Family Relationships

1 Children, obey your parents in the Lord, for
this is right.
2 HONOR YOUR FATHER AND MOTHER (which is
the first commandment with a promise),
3 SO THAT IT MAY BE WELL WITH YOU, AND
THAT YOU MAY LIVE LONG ON THE EARTH.
4 Fathers, do not provoke your children to anger,
but bring them up in the discipline and
instruction of the Lord.
5 Slaves, be obedient to those who are your
masters according to the flesh, with fear and
trembling, in the sincerity of your heart, as to
Christ;
6 not by way of eyeservice, as men-pleasers, but
as slaves of Christ, doing the will of God from
the heart.
7 With good will render service, as to the Lord,
and not to men,
8 knowing that whatever good thing each one
does, this he will receive back from the Lord,
whether slave or free.
9 And masters, do the same things to them, and
give up threatening, knowing that both their
Master and yours is in heaven, and there is no
partiality with Him.

The Armor of God

10 Finally, be strong in the Lord and in the
strength of His might.
11 Put on the full armor of God, so that you will
be able to stand firm against the schemes of the
devil.
12 For our struggle is not against flesh and blood,
but against the rulers, against the powers,
against the world forces of this darkness,
against the spiritual forces of wickedness in the
heavenly places.
13 Therefore, take up the full armor of God, so
that you will be able to resist in the evil day,
and having done everything, to stand firm.
14 Stand firm therefore, HAVING GIRDED YOUR
LOINS WITH TRUTH, and HAVING PUT ON THE
BREASTPLATE OF RIGHTEOUSNESS,
15 and having shod YOUR FEET WITH THE
PREPARATION OF THE GOSPEL OF PEACE;

16 in addition to all, taking up the shield of faith
with which you will be able to extinguish all
the flaming arrows of the evil one.
17 And take THE HELMET OF SALVATION, and the
sword of the Spirit, which is the word of God.
18 With all prayer and petition pray at all times in
the Spirit, and with this in view, be on the alert
with all perseverance and petition for all the
saints,
19 and pray on my behalf, that utterance may be
given to me in the opening of my mouth, to
make known with boldness the mystery of the
gospel,
20 for which I am an ambassador in chains; that in
proclaiming it I may speak boldly, as I ought to
speak.
21 But that you also may know about my
circumstances, how I am doing, Tychicus, the
beloved brother and faithful minister in the
Lord, will make everything known to you.
22 I have sent him to you for this very purpose, so
that you may know about us, and that he may
comfort your hearts.
23 Peace be to the brethren, and love with faith,
from God the Father and the Lord Jesus Christ.
24 Grace be with all those who love our Lord Jesus
Christ with incorruptible love.